

**Bapuraoji Butle Arts, Narayanrao Bhat Commerce & Bapusaheb Patil Science College,  
Digras- 445203 Dist. Yavatmal (M.S.)**

**Best Practices (YEAR 2020-2021)**

Describe at least two institutional best practices

Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website.

**Best Practices of the institution are as below**

\* Empowering Life Skills of Girl Students through Health Programs and Computer Literacy

\*Improving Employability of the Students through Career Counseling and IT based Resources

**BEST PRACTICE I**

**Empowering Life skills of Girl Students through Health Programme and Computer Literacy:-**

Women's empowerment, referring to the empowerment of women in our present society, has become a significant topic of discussion in regards to development and economics. It can also point to approaches regarding other trivialized genders in particular political, economic, social contexts. Our college is committed to try to turn the socio-economical as well as socio-political situation into expected form. The large number of girl students in our college, which is also the great achievement of us, inspires to work in women empowerment stream. Organization recognized the relation between health and education. Institution runs several activities to gain overall social advancement and adding quality resources that may bridge the gap between dimension of socio-cultural existence. It is acknowledged, that our college is one of the leading organizations in community services, due to that college has selected this vital area to make healthy environment for girls in this aboriginal and economical backward place like Digras located in Yavatmal district of Maharashtra state, India.

**1. Goals: -**

- To make aware and impart knowledge regarding various nutrients present in different food materials and making a balance diet from available foods.
- To give knowledge regarding structure and functions of the body and how to maintain physical and mental fitness.
- To give information about the causes of various common diseases, how they spread and protection from these diseases.
- To encourage the girls to participate in the national programmes of disease awareness control and eradication.
- To give knowledge about personal hygiene and environmental cleanliness.
- To give knowledge about, first-aid and its importance in accidental cases.
- To give the information of government policies and programmers related to empowerment of the girls and women
- To create awareness about Yoga, meditation and exercise in once life.
- To make them able to handle all critical situations in life
- To motivate girls to be vaccinated in order to produce immunity against various diseases.

- To provide better social economic and political treatment to girls.
- To establish nice equation between education and health

## **2. Context: -**

Health plays a vital role in once life, when it concerns with women then its being essence of humanity. Our college is committed to change this scenario by giving more focus to women empowerment. Digras is in between, not well developed and not too backward. Large number of girl students in our college showed somewhat progress but they are not well aware about their role in society. This college has co-education system and putting more efforts for gender equality, college has separate women anti-harassment cell (Internal Complaints Committee) to deal with various issues.

In the academic year 2020-2021, college conducted various programs, activities and workshop.

Department of Home-economics arranged an Online programme , Awareness about rubella Vaccination. The aim of the programme was to aware the girl students about Rubella virus and its effects on health. The resource person was Dr. Kalpana Jadhav, Gynecologist, Digras. He doctor gave the detailed information about Rubella.

The Internal Complaints Committee of the college organized the Cyber Crime Awareness programme. It was also by an Online mode. The aim of the programme was to make the girl students aware about the cyber crimes. The resource person was Adv. Mrs. Arti Sawane.

The Home-economics department of the college arranged an Online programme, 'COVID 19 vaccine: Advantages and Disadvantages'. The expert lecture was given by Dr. Shivani Kolhe.

The Home-economics department also given the demonstration of the recipe of 'Nutritious Gulab Jamun and Bundi' through an Online mode.

The Home-economics department also arranged an Online guest lecture on the subject, 'Employment and Self Employment'.

All these activities were organized to empower girl students of our college. The health programs and guest lectures make them aware and it's a way to empower them. It is the best practice of our college to make progress of girl students in current stream.

## **3. Evidence of Success: -**

1. About 110 students participated in the 'Awareness about Rubella Vaccination'. (9/08/2021)
2. About 40 students participated in the 'Cyber Crime Awareness Programme'. (24/08/2021)
3. About 40 students participated in 'Demonstration of Nutritious Gulab Jamun and Bundi' (8/05/2021)
4. About 40 students took advantage of guest lecture on 'Employment and Self employment'. (11/05/2021)
5. About 50 students took part in the programme on, 'COVID 19 Vaccine: Advantages and Disadvantages'. (7/05/2021)

## **4. Problems Encountered and Resources Required:-**

Digras is rural place so that customary practice and conventional methods have become challenge. Transport Service are not enough to arrange these type of programme on huge scale. Inviting experts from outside was also problematic Collaboration of team member, guidance of leader and alternate sources were worked out to encounter the issues. The institute needs support of local small organizations to do if on a large scale.



### **5. Contact Details:-**

**Name of the Principal** : Associate Professor V.L. Khalatkar  
**Name of Institution** : B.B. Arts, N.B. Commerce and B.P. Science College  
**City** : Digras  
**Accredited status** : Accredited by NAAC with B Grade (CGPA 2 .50)  
**Website** : [www.bbnbbcollege.org](http://www.bbnbbcollege.org)  
**Mobile** : 9421771123

  
Officiating Principal  
B.B.Arts, N.B.Commerce &  
B.P.Science College, Digras



### **BEST PRACTICE II**

#### **'Improving Employability of the Students through Career Counseling and IT Based Resources'**

Education aims at all-around development of student's personality. In other word, students should be good in his profession and at the same time be an ideal citizen. His thinking should be rational. Our college is being devoted as well as committed to produce such kind of citizen in order to make better society to develop nation. Under the above practice college runs and conducts many programs as well as activities to improve student's personality and their employability skills. The aim of this practice is the professional, intellectual and moral training of an individual.

#### **1. Goals: -**

- To make student aware about various competitive examination like MPSC, UPSC, Banking etc.
- To develop students' attitude, knowledge and skills for entrepreneurship and self-employment.
- To provide opportunities for professional growth.
- To develop a healthy attitude among students towards work and life.
- To provide study material and better environment for study in college campus.
- To improve personality traits and professional skills.
- To help the students to know better self-interests, abilities, aptitudes and opportunities.
- To assist the student in planning for educational and vocational choices.
- To enable the students to find a job in their own region.
- To improve employability and upgrade skills of students.

#### **2.Context:-**

Our organization is one of the leading organizations in community services, due to that college is trying to establish the new dimension of education. It's our belief that education can work, when it walks with current

problems and local problems as a strong answer to it. This practice deals with professional skills, professional ethics, employability, and soft skills.

In the academic year 2020-2021 our college organized various activities and programs.

The Competitive Examination Cell of our college conducts Competitive Examination Guidance classes to improve the employability of students.

The cell also organized the Competitive examination related activities for the students. The importance of the subject English and Political science in the studies of Competitive exams was explained through the online programs. The guest lectures on the preparation of MBA and job opportunities in the Defense Force were arranged again through the Online mode.

### **3. Evidence of Success: -**

1. About 90 students took advantage of the series of guest lecture on the subject 'English and Competitive Examinations'. (17, 18, 19 August 2021)
2. About 100 students participated in the program of guest lecture on 'Importance of the Subject political Science in the Competitive Examinations'. (19/08/2021)
3. About 100 students took part in the program, 'Preparation of M.B.A., MH-CET, Specialties in MBA and Job Opportunities after MBA'. (7/08/2021)
4. About 100 students participated in the program, 'Opportunities in Defense Force'. (10/06/2021)

### **4. Problems Encountered and Resources Required: -**

Digras is rural place therefore customary practice and conventional localities is a big problem. Transport services are not enough to organize this kind of programs on large scale. To change the mind set of students for competitive exam studies is a big challenge. Economical condition of student's family is a barrier for the stream.

Collaboration of team member, guidance of leader and alternate sources were worked out to encounter the issues. Scholarship was provided to good students. Study material was also provided to poor students. To overcome these above cited problems, college was taking proper steps to collaborate with various organization

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